



What do I need for snowshoe hiking?

- o Sturdy shoes, reaching over the ankle
- o Waterproof trousers (e.g. your ski trousers)
- o Functional underwear
- o Jackets and sweaters as needed
- o Gloves and cap
- o Sticks
- o Snowshoes (can also be rented at our place)
- o Eventually gaiters
- o Backpack with: another jacket, drinking bottle and/or hot tea, snack for longer tours
- o For night tours: headlight
- o Sun protection cream